



# FRANK & KELLY'S BULLSEYE CHALLENGE

## CHIPPING

### ORGANISATION

#### Take the Challenge:

Set up cones to make a bullseye target – study the diagram! Put a cone in the middle of the bullseye.

Dribble the first ball from the start line into the passing area and chip it towards the bullseye in the centre of the target.

Repeat with 4 other balls, aiming to chip the ball towards the centre target.

Try using either foot to chip the ball – Double points are awarded for using your weaker foot.

#### Points to remember:

Scores are taken from where the ball first lands. Chip passes must be made from inside the passing area and can be made with the ball moving or stationary.

Chip passes can be made with either foot – double points are awarded for each successful chip with your weaker foot, this is the foot you don't normally or naturally kick the ball with!

### SCORING

**You total score is made up of the 5 scores you get for each chipped pass.**

The score is taken from where the ball first lands, not from where it finishes up after it has stopped moving.

Landing in the green (outer) zone is 10 points

Landing in the yellow zone is 15 points

Landing in the red (central) zone is 20 points.

Land directly on the main bullseye centre target and score 50 points!

Use your weaker foot to get double points.

Example for a right footed player:

1st ball with right foot in green (outer) zone = 10

2nd ball, left foot in green (outer) zone = 20

3rd ball, right foot in red (central) zone = 20

4th ball, right foot in yellow zone = 15

5th ball, left foot in yellow zone = 30

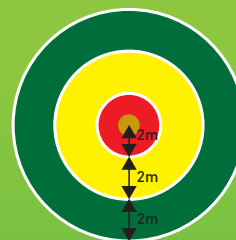
**Example Total Score = 10 + 20 + 20 + 15 + 30 = 95.**



# TheFA.com/Skills



## BRONZE



Choose to chip the ball from anywhere in the 6m x 3m passing area



Green Area	= 10 points
Yellow Area	= 15 points
Red Area	= 20 points
Bullseye	= 50 points

**Frank & Kelly's Tips:** 1 Metre = 1 big step. Use bags, jumpers, cones etc to make the target. Get your foot under the ball and try leaning back to chip it into the air. Practice with both feet to improve technique, the more you practice the better you'll get!

### WRITE YOUR TOTAL SCORE BELOW:



BRONZE

Go back to the website at [www.TheFA.com/Skills](http://www.TheFA.com/Skills) and enter your score. You may be awarded a Skills Certificate.

#### Why practice?

Helps you make accurate chipped passes to your team mate in a game, and is lots of fun!